

# Table of Contents

PRACTICE TIPS	1
CD EXAMPLES	2
INTRODUCTION: <b>One Pianist's Jazz Odyssey</b>	3
CHAPTER 1 <b>Theory Review</b>	7
CHAPTER 2 <b>Problems in Jazz Practice</b>	21
CHAPTER 3 <b>Spelling Chord Changes</b>	25
Switching Chord Scales	26
Chord Scale Drills in Seven Steps	26
The Little Scale	29
Bebop Scales	32
Bebop-like Scales	34
Arpeggios	35
Arpeggio Practice in 6 Steps	36
Chromatic Approach Notes	44
Chromatic Approach Notes in 6 Steps	46
Guide Tones	49
Guide Tone Lines Used in Several Ways	49
Guide Tones in 4 Steps	50
CHAPTER 4 <b>"Body and Soul" – A Great Yet In Many Ways Typical, Standard Tune</b>	53
Melody	55
Practicing the Melody	56
Exploring Voicings: Piano for Non-Pianists	58
Voicing the Melody in 3 Steps	64
Soloing with a Focus on the Ear	67
Review	71
CHAPTER 5 <b>"Giant Steps" – Changing Chords Really Fast</b>	75
100 Rainy Day Activities to perform on "Giant Steps"	78
CHAPTER 6 <b>Rhythm Changes, A Slippery Form</b>	97
The First Four Bars	97
The Second Four Bars	101
The Bridge	101
The Deep Structure	103
CHAPTER 7 <b>Rhythm, Deep Groove, Metronomes and Odd Meter</b>	113
Working on Rhythm	113
The Metronome	114
Metronome Practice: 7 Tips	118
The Rhythm Pyramid	121
Odd Meter Wrap-up	133
CHAPTER 8 <b>Fast Playing</b>	135
CHAPTER 9 <b>Multi-Line Playing ("Just in Time")</b>	141
CHAPTER 10 <b>Conclusions</b>	151