

FIG. 5

The benefit of this workout is that by playing the melody over and over in different ways with a simple shell pattern, you can zero in on the feel of the pianist, bassist and drummer. Try the same exercise with a different rhythm section.

Workout 16: Playing the Melody over Shells on the changes to “Autumn Leaves” as played by Cannonball Adderley. Experience one of the premier rhythm sections of all time as you play the melody along with Hank Jones, Sam Jones, and Art Blakey. The shell pattern for the first 8 bars of the tune is given below. This track is from *Somethin’ Else*, recorded by Cannonball Adderley on Blue Note in 1958. This is an excellent record to access the music. Explore other recordings by the members on the record. Also, explore other records from the Blue Note catalogue during this period. Refer to **DL TRK 9-10** for a demo and play-along track. For the 1st chorus, LH shells are played under a RH solo/embellished melody.

FIG. 6